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# Doing Research on Purpose: Explorations in Closed-Loop Cognition

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# Outline

- Purpose in Psychology
  - Closed-Loop Systems
  - Research Methods
  - Research on Purpose
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# Purpose in Psychology

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# Purpose in Scientific Psychology

- Definition of purpose: An intended or desired end
  - Purpose was a central concept in the early development of scientific psychology
  - William James saw purpose as what distinguishes the behavior of living from that of non-living things
    - Behavior of non-living things has a cause
    - Behavior of living things has a purpose
  - James dramatizes this observation in first pages of the *Principles of Psychology* (1890)
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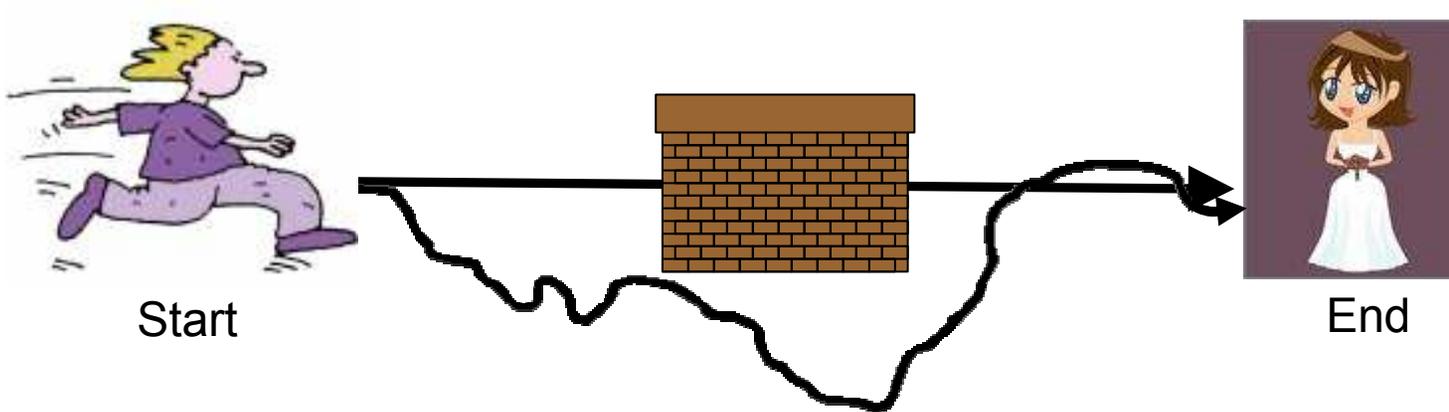
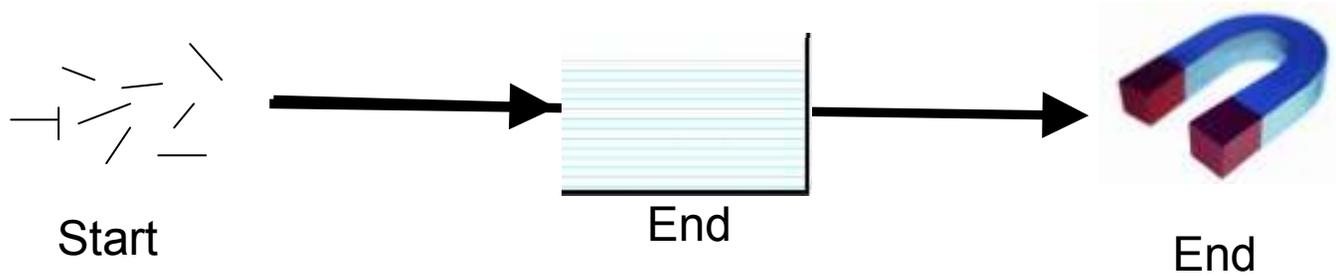
## Romeo and the Filings

Romeo wants Juliet as filings want a magnet; and if no obstacles intervene he moves toward her by as straight a line as they. But Romeo and Juliet, if a wall be built between them, do not remain idiotically pressing their faces against its opposite sides like the magnet and the filings with the [obstructing] card. Romeo soon finds a circuitous way, by scaling the wall or otherwise, of touching Juliet's lips directly. With the filings the path is fixed; whether it reaches the end depends on accidents. With the lover it is the end which is fixed; the path may be modified indefinitely.

-- William James, *Principles of Psychology*, 1890

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# Caused versus Purposeful Behavior



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# Revealing Purpose

- Purposeful and caused behavior can look the same
  - In both, behavior appears to be caused by external stimulus
    - Filings' behavior appears to be caused by magnet
    - Romeo's behavior appears to be caused by sight of Juliet
  - James' insight
    - Purpose is revealed by *disturbances* (like the obstructing card)
    - Purpose is seen when means (actions) vary appropriately so that end is produced despite disturbances
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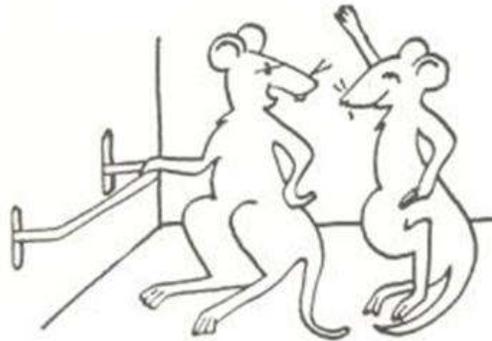
# The Problem With Purpose

- James knew how to reveal the purpose
  - But he could not explain how purposeful behavior could happen
  - Purposeful behavior seems to violate laws of cause and effect
    - In particular, the law that says cause should precede effect
  - In purposeful behavior, a future end seems to determine the present means that are used to achieve it
  - Purpose was, therefore, deemed unscientific
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## Purpose Lost

- Focus on purpose nearly disappeared with onset of behaviorism
  - Psychology should be like other sciences
  - Behavior is cause – effect process
- Tolman’s “Purposive Psychology” was an exception
  - Brilliant demonstrations
  - Weak explanations
- By and large, purpose was scorned



Boy, have I got this guy conditioned! Every time I press the bar he drops in a piece of food.

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# Purpose Redux

- Cognitive Revolution
  - Made purpose respectable again
- Made possible by development of purposeful computer programs
  - GPS
  - Chess
- These programs worked by acting to achieve pre-specified ends
  - Goals and subgoals
- This proved that purposeful behavior could be produced by mechanistic systems (computers)

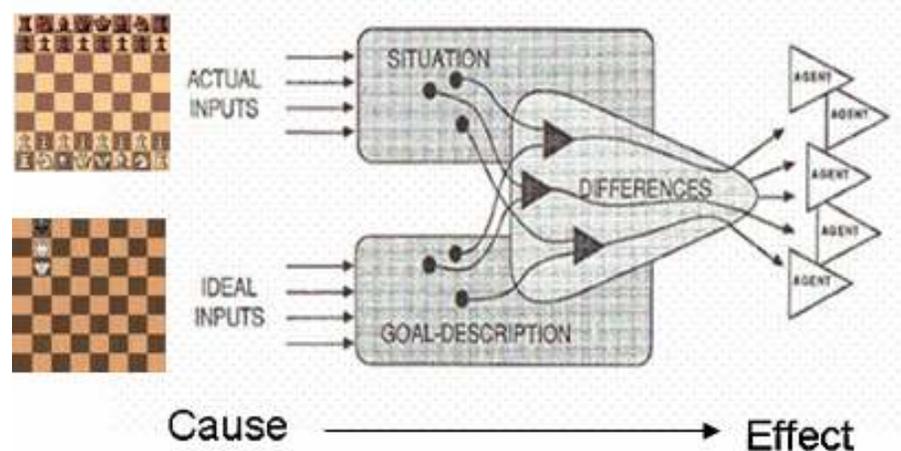


Newell and Simon  
study chess at RAND

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# Causal Model of Purpose

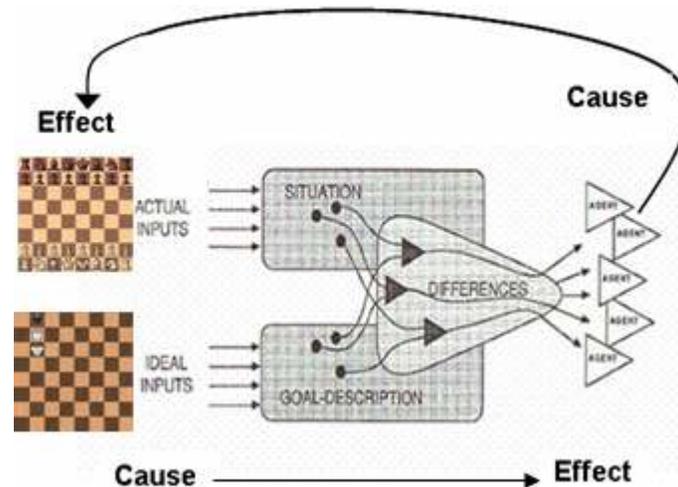
- Nevertheless, cognitive psychology adopted causal model of purpose
- Diagrams of purposeful programs (and the behaviorist zeitgeist?) made purposeful behavior look like open-loop causal process
- In chess, for example, board position is cause, move is effect



- Research on purpose looked for the causes of purposeful behavior
- Example is Chase and Simon's study of memory for board positions
  - They conclude that board positions (inputs) cause moves (outputs) in chess

# Closed-Loop Causality

- Purposeful behavior is actually closed-loop
- In chess playing
  - Board positions (inputs) cause moves (outputs)
  - Moves (outputs) cause board positions (inputs)



- This fact has been recognized by cognitive scientists
- Does this make a difference?
- My research has been aimed at showing that it does!

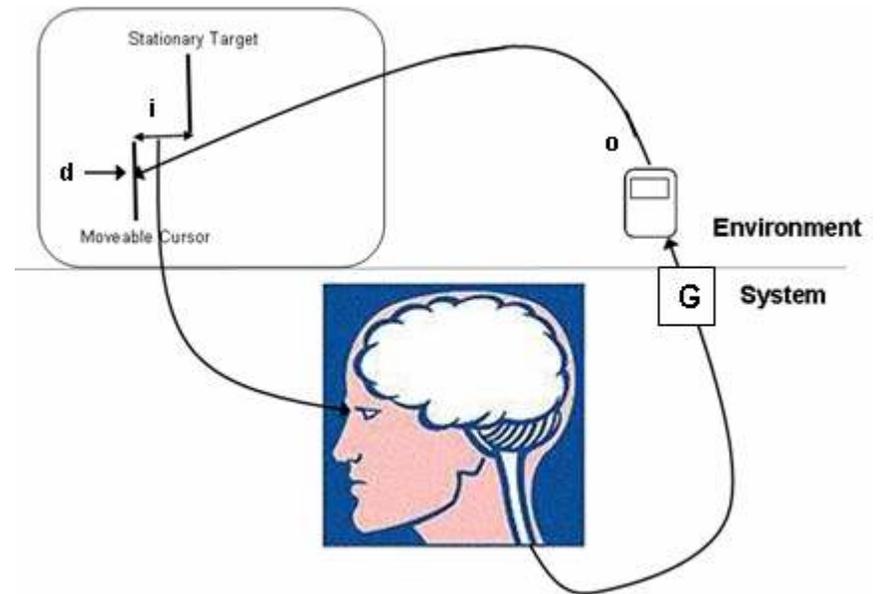
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# Closed-Loop Systems

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# Purpose in a Closed-Loop

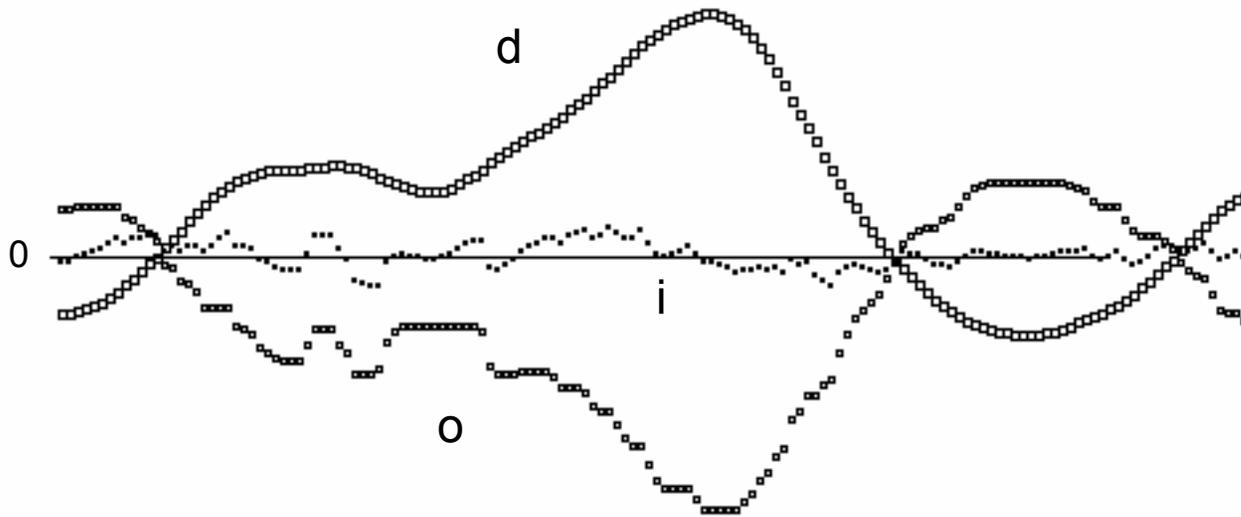
- Compensatory tracking
- Purpose is to keep cursor on target
  - Keep  $i = 0$
- This purpose is carried out in closed-loop
- Causal model
  - Input,  $i$ , causes the output,  $o$ , that achieves the purpose of keeping cursor on target



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# The Cause of Purposeful Behavior

- Low correlation between input,  $i$  and output,  $o$ , is problem for causal model of purpose

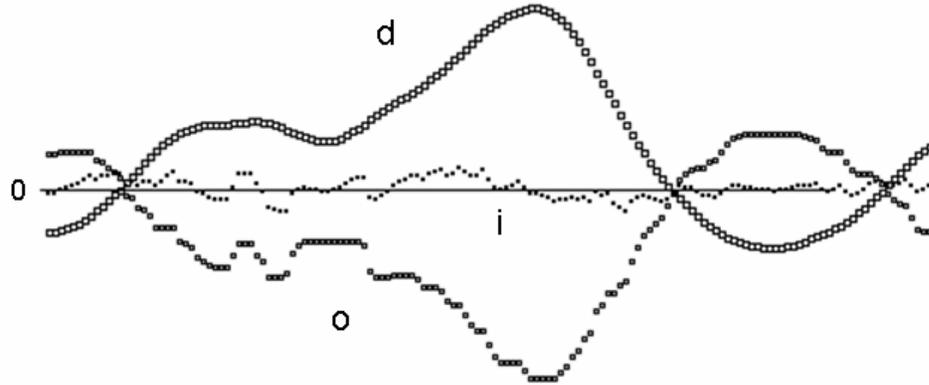


**Correlation between  $i$  and  $o$  = .03**  
**Correlation between  $i$  and  $d$  = .12**  
**Correlation between  $d$  and  $o$  = .991**

Online experiment at <http://www.mindreadings.com/ControlDemo/BasicTrack.html>

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# What is the Cause?

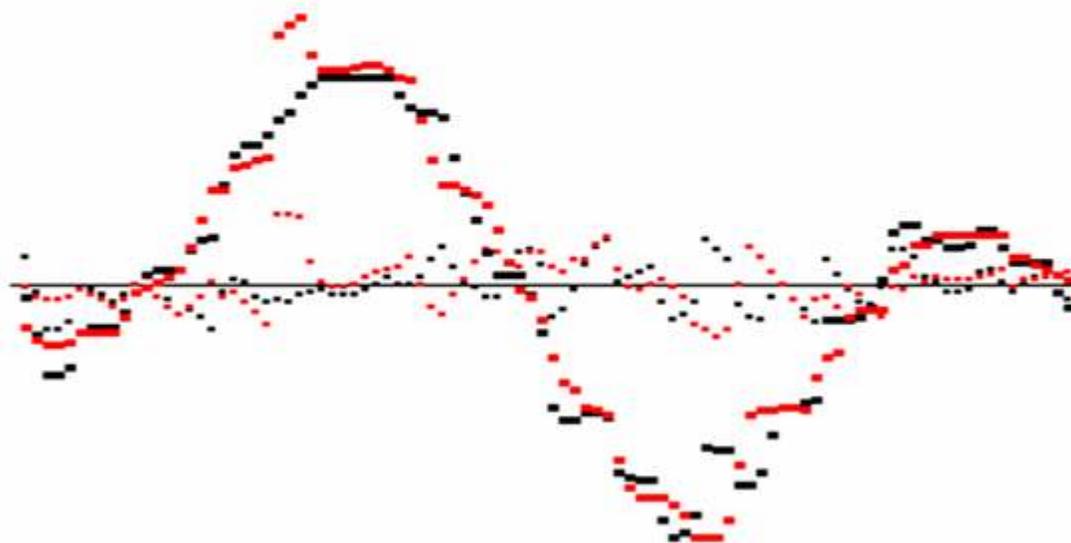


- Many possibilities, including
  - Delayed effect of input,  $i$
  - Non-linear function of  $i$
- Tested all possibilities in repeated disturbance experiment
- High correlation between disturbance,  $d$ , and output,  $o$ , means repeating disturbance will repeat output
- If cause of output is something about input then:
  - Predict high correlation between input on two trials when same output occurs

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# Something in the Way it Moves?

- First Period Stimulus  $i$
- First Period Response  $o$
- Second Period Stimulus  $i$
- Second Period Response  $o$



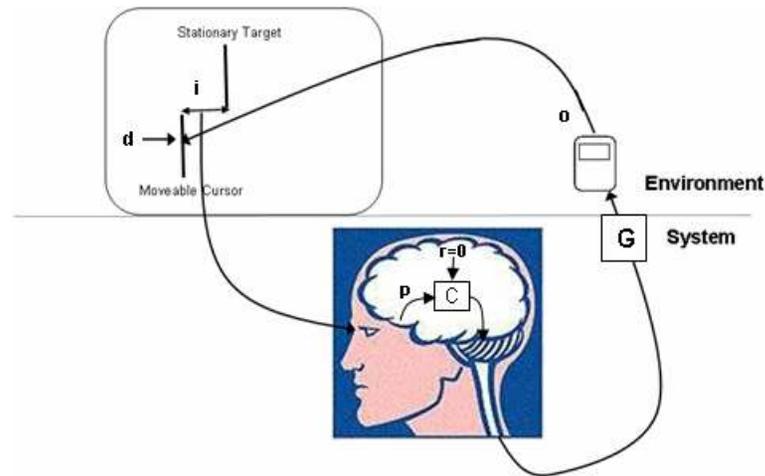
Correlation between first and second period  $o = .97$

Correlation between first and second period  $i = .03$

Online experiment at <http://www.mindreadings.com/ControlDemo/Cause.html>

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# Organization of Closed-Loop Systems



- Input,  $i$ , is *simultaneously* a cause and effect of output,  $o$
- Closed-loop system defined by two simultaneous equations
  1. System:  $o = G (r - p)$ 
    - Reference,  $r$ , is offset in system that makes feedback negative
    - Effect of input on output opposite to effect of output on input
  2. Environment:  $p = o + d$

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# Behavior of Closed-Loop Systems

- Solving simultaneous equations with output gain  $G \gg 1$  we get the following steady state solutions for system behavior:
    - $p \approx r$  (1)
    - $o \approx -d$  (2)
  - Equation (1) says:
    - Perceptual variable is kept in agent-defined reference state
  - Equation (2) says:
    - System achieves this by acting to oppose disturbances to perceptual variable
  - This is what is happening in tracking task
  - This process is called **control**
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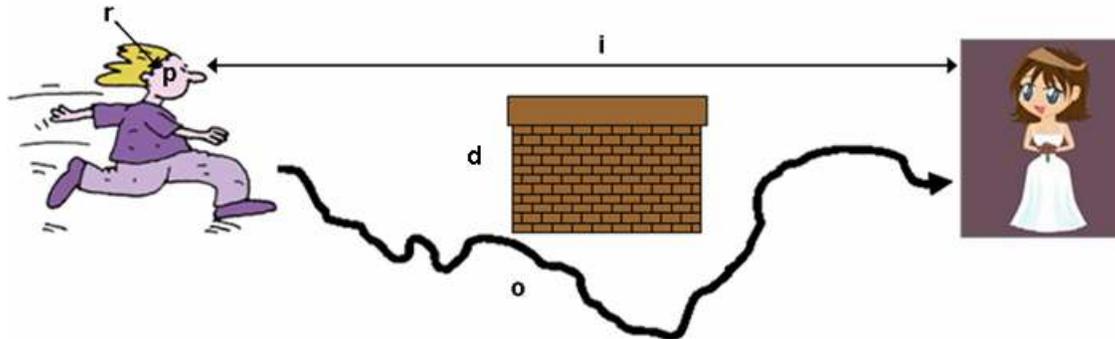
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# Closed-Loop Control

- A closed-loop negative feedback system (with high gain,  $G$ ) controls
    - Acts to bring a perceptual variable,  $p$ , to a pre-specified end,  $r$
    - Varies means,  $o$ , as necessary to oppose disturbances,  $d$
  - This sounds a lot like purposeful behavior
  - In fact, what James saw as purposeful behavior was the process of control
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# Control As Purpose

- Control and purposeful behavior
  - In both, agent acts to bring a variable to a pre-specified end state while working to oppose disturbances
  - Reference,  $r$ , is present time representation of intended end (viz., purpose)



- Romeo's purpose is to get close to Juliet
- Romeo is controlling his distance,  $i$ , from Juliet
  - He acts to bring a perception,  $p$ , of this distance to a pre-specified end,  $r$
  - He varies means,  $o$ , as necessary to oppose disturbances,  $d$

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# Understanding Purposeful Behavior (Control)

- In order to understand purposeful behavior you have to know what perceptual variables are being controlling
    - Controlled variables
  - Take chess for example
    - Moves are a mystery until you know what perceptual variables the player is trying to control
    - Possible controlled variables in chess
      - Control of center
      - Protection of king
      - Development of pieces
    - If you know which of these variables is being controlled you can understand why each move is made
  - Research on purpose is aimed at discovering ***controlled variables***
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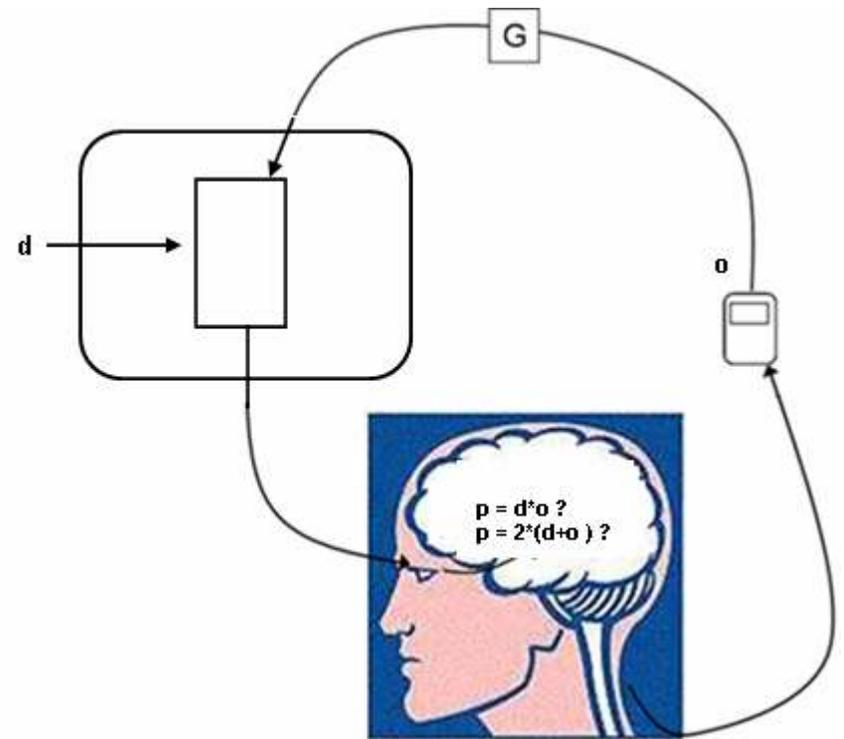
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# Research Methods

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# Detecting Controlled Variables

- Keep size of rectangle constant
- Two possible controlled variables
  - Area =  $d * o$
  - Perimeter =  $2 * (d + o)$
- How do you tell which perception is being controlled?



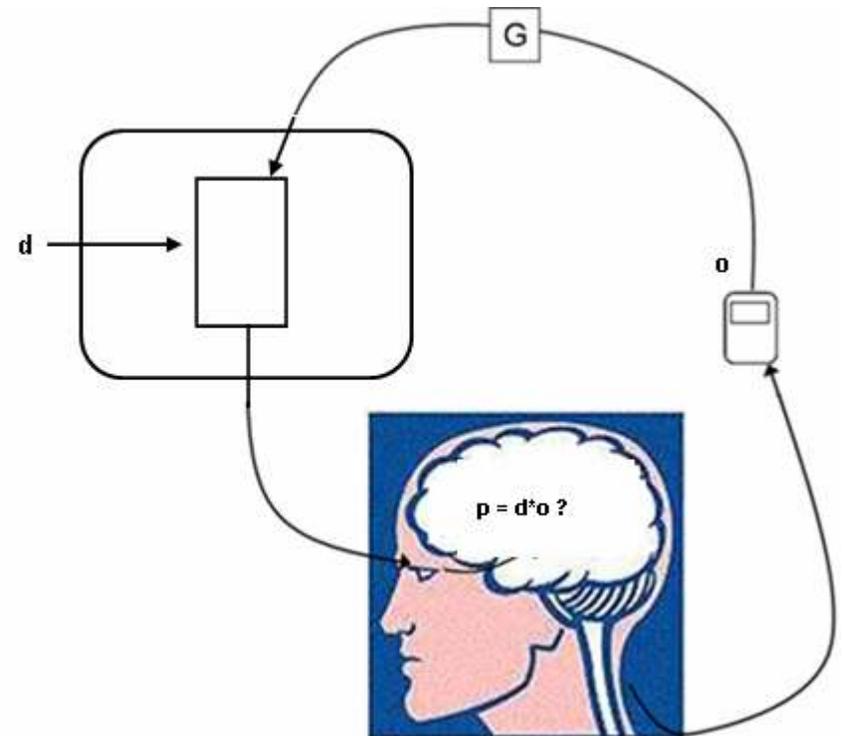
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# Test for Controlled Variables: “The Test”

- Basic methodology of research on purpose
  - Steps in The Test:
    - 1) Develop hypothesis about the variable being controlled
    - 2) Determine how disturbances would affect hypothetical controlled variable if it were *not* controlled
    - 3) Apply a disturbance
    - 4) Monitor hypothetical controlled variable to see if the disturbance has expected effect
    - 5) If so, variable is not controlled; return to step 1
    - 6) Else the variable might be under control; return to step 3 with new disturbance
    - 7) Continue process until effect of several different disturbances can be correctly predicted
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# Test for Control of “Size”

- Start with hypothesis that area is under control
- Monitor variable ( $d \cdot o$ ) while it is being disturbed
- If disturbance has expected effect, start over with new hypothesis
- If not, try new disturbance and continue until effect of several different disturbances can be correctly predicted
- Essential aspect of the test
  - Monitor hypothetical controlled variable while it is being disturbed



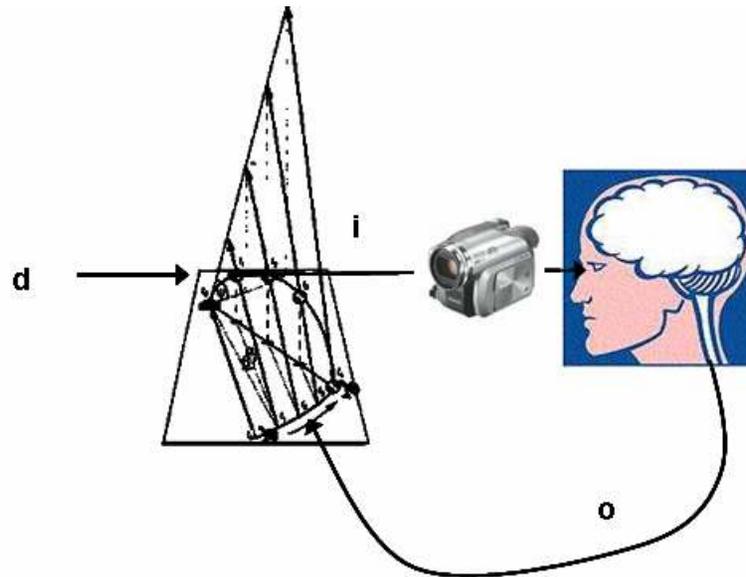
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# Research on Purpose

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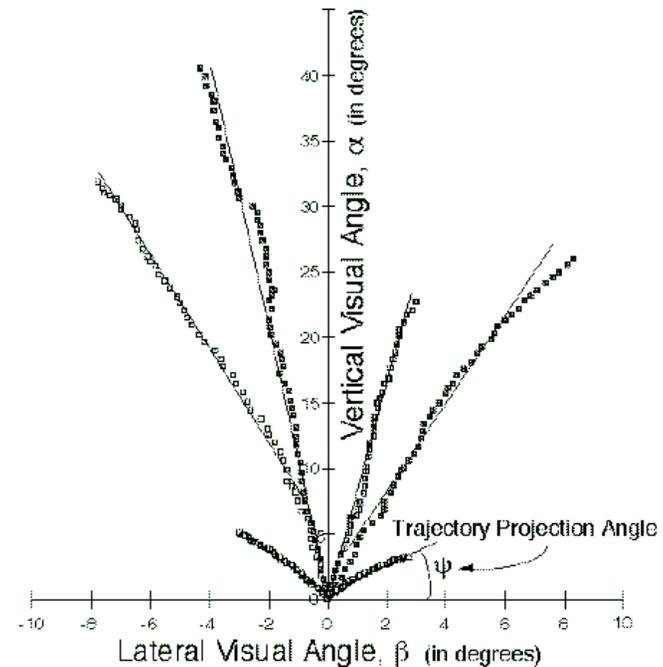
# Monitoring a Possible Controlled Variable

- Found article that seemed to involve a test for a controlled variable
  - McBeath, M. K., Shaffer, D. M., & Kaiser, M. K. (1995). How baseball outfielders determine where to run to catch fly balls. *Science*, 268, 569–573.
- Researchers use clever technique to monitor status of potential controlled variable while it was being disturbed
  - Shoulder mounted camera captured what outfielder saw when catching fly ball



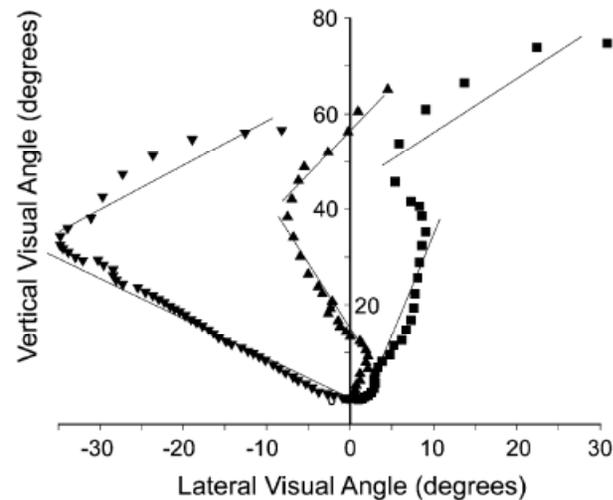
# Catching a Fly Ball: The Fielder's View

- Observed straight line optical trajectories that were not expected given parabolic trajectory of ball
- Fielder seems to be running in order to maintain a linear optical trajectory (LOT)
  - Purpose is to maintain LOT
- Conclusion was that LOT is the variable controlled when catching a fly ball



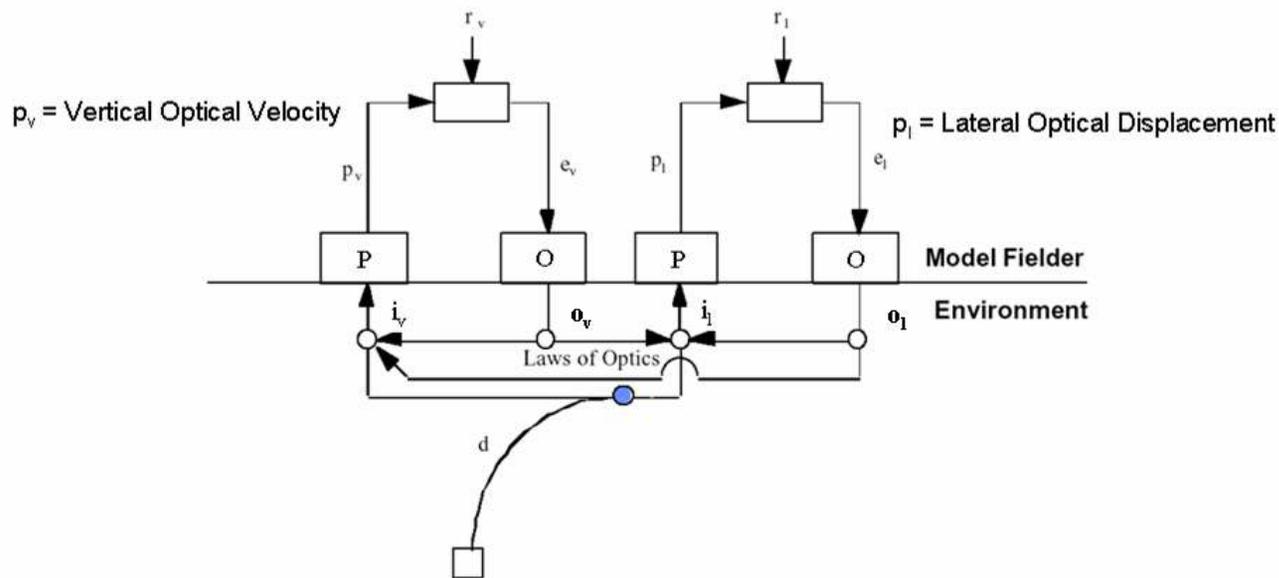
# A Disturbing Possibility

- LOT is maintained in face of parabolic trajectory disturbance
- Must try other disturbances to make sure LOT is actually controlled
- So the research went to the dogs
  - Frisbee trajectory is excellent disturbance
  - If LOT is controlled optical trajectory should still be straight line
  - Result is non-linear



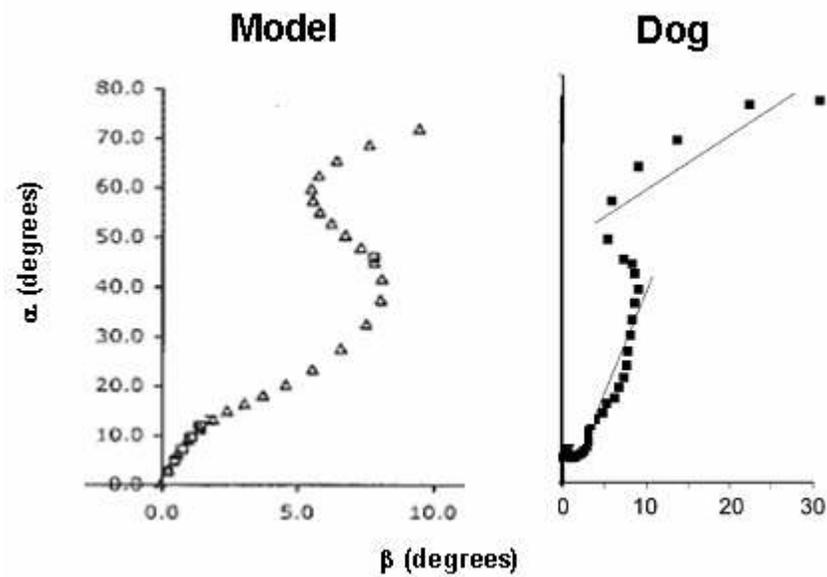
# Of Dogs and Models

- Disturbing result suggests that LOT is not controlled
- Researchers should have rejected LOT hypothesis
- Instead, they interpreted results in terms of linear segments
- Alternative hypothesis is that observed trajectories are observed because fielder controls two variables
  - Vertical optical velocity
  - Lateral displacement

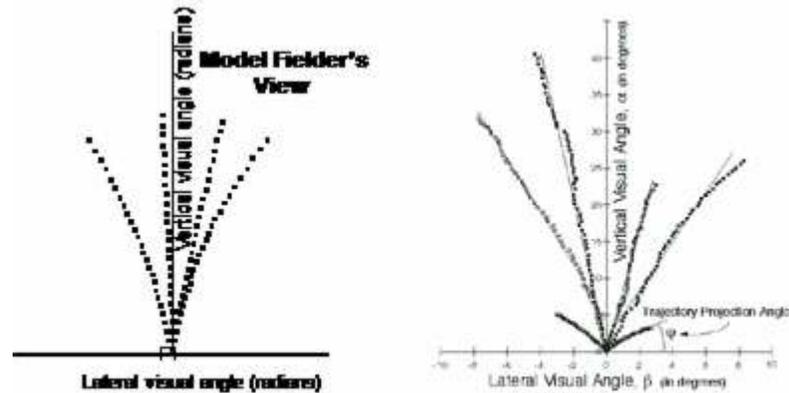


# Model Behavior

- Frisbee Data

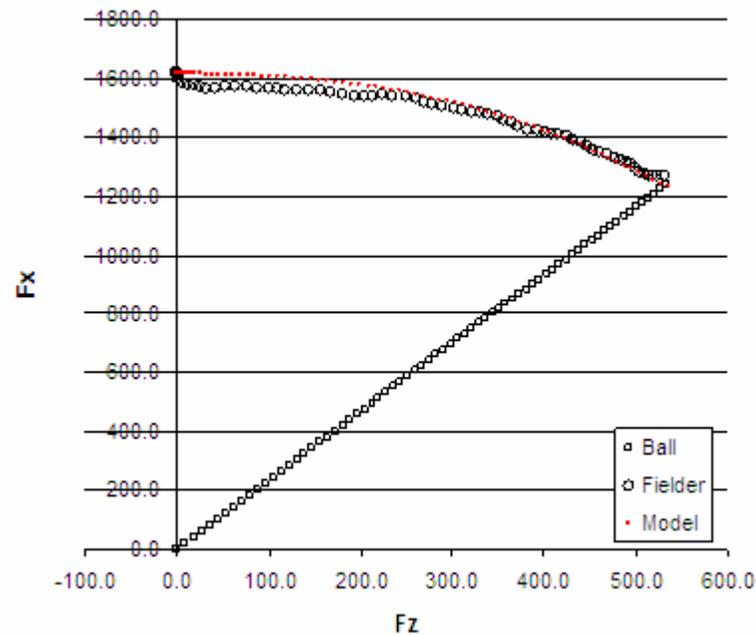


- Original Data



# Model Fit to Running Behavior

- Fit model to data obtained by Peter McLeod and his student, Nick Reed, at Oxford University
- They measured movement of fielder **and** trajectory of ball
- Fielder model controls perceptions of the known trajectories
- Produces movements that are very close to measured movements



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# Economic Behavior

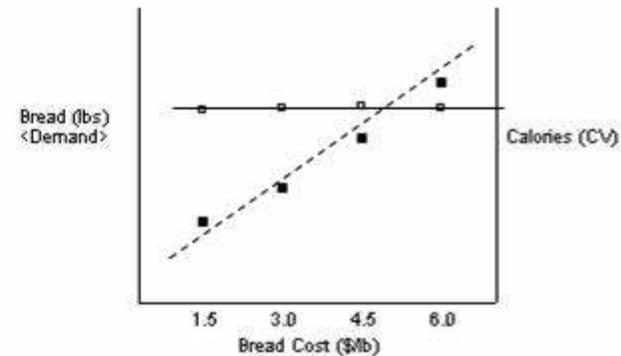
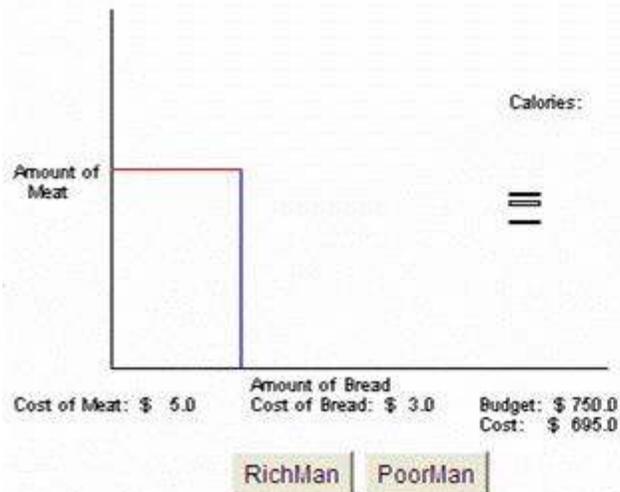
- Consumption is supposed to vary inversely with cost
  - Increase in price should produce decrease in consumption of good
  - The “demand curve”
- There is anecdotal (and now some real\*) evidence that sometimes consumption varies directly with cost
  - Increase in price of good produces increase in consumption
  - Called “Giffen behavior”
- Can be explained in terms of controlled variables
  - Control for caloric intake
  - Control of savings ( $\geq 0$ )

\* Jensen, R. T and Miller, N. H. (2007) Giffen Behavior: Theory And Evidence, Working Paper 13243, National Bureau Of Economic Research, Cambridge, MA

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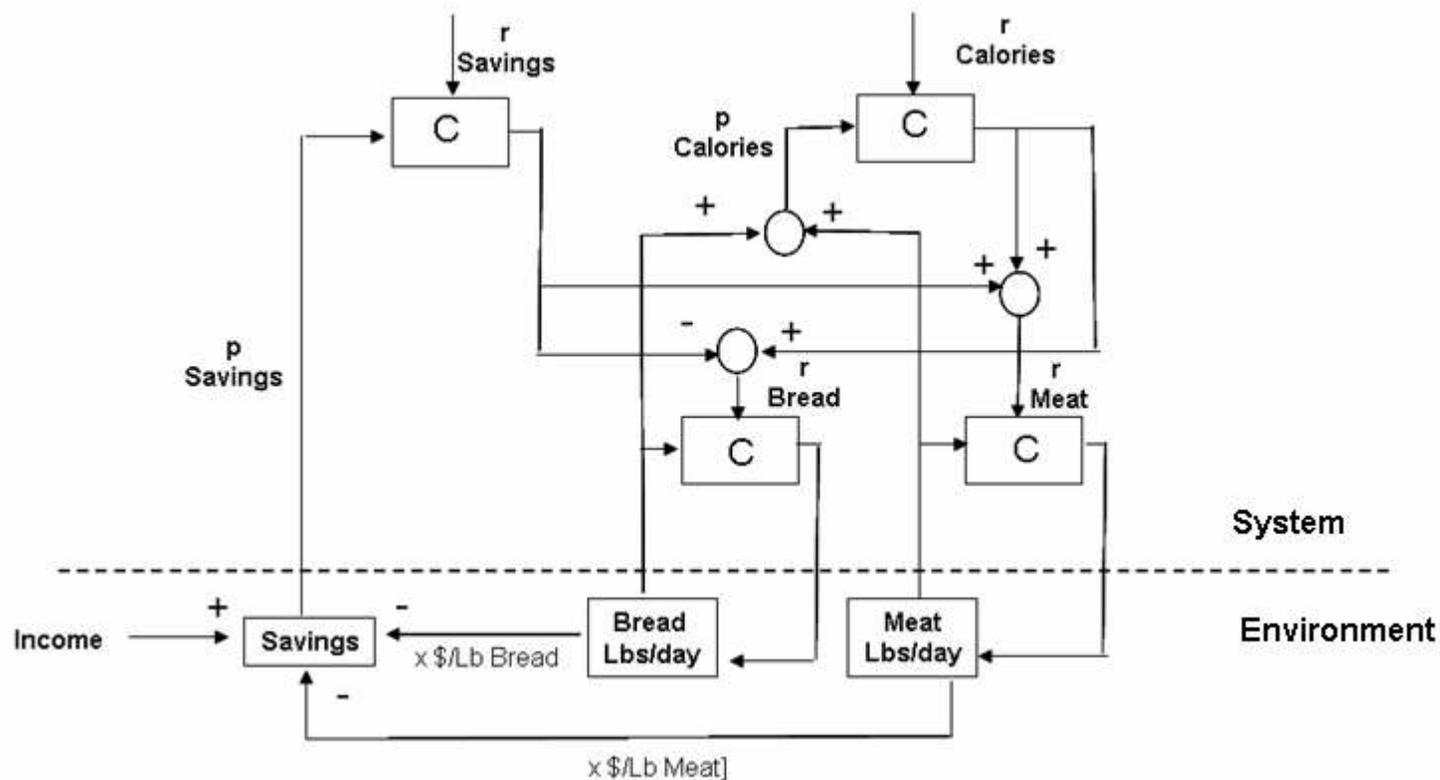
# Giffen Behavior

- Computer demo lets person purchase meat (expensive good) and bread (inexpensive good) to control caloric input
- Do this in context of large or small budget
- Results with small budget show that consumption of less expensive good must increase as price of that good increases



See demo at <http://www.mindreadings.com/ControlDemo/Economics.html>

# Closed Loop Model of Economic Choice



- Two level hierarchical control model
  - Two higher level systems control for savings and calories
  - Do this by manipulating reference (goals) of two lower level systems
  - One lower level system controls for meat consumption, the other for bread consumption

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# Conclusions

- Research on purpose suggests new directions for cognitive science
    - Research aimed at determining perceptual variables people control as they carry out various activities
  - Also suggests new view of the role of the brain in behavior
    - Brain is seen as
      - Source of specifications (references) for perceptual input
      - Location of mechanism for comparing input to specifications
      - Source of outputs that keep inputs “up to spec”
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# Derivation of Closed-Loop Behavior

1.  $o = G(r - p)$

2.  $p = o + d$  BASIC STEADY-STATE EQUATIONS SIMPLIFIED

Solve for output quantity  $o$ :

3.  $o = G[r - (o+d)] = Gr - Go - Gd$

4.  $o + Go = Gr - Gd$

5.  $o = \frac{Gr - Gd}{1 + G} = \frac{G}{1+G} (r - d)$

Let  $G$  increase without limit so  $G/(1 + G) \sim 1$

6.  $o \sim r - d$

Solve for  $p$ , you get

$p = o + d$

$p = G(r - p) + d = Gr - Gp + d$

$p + Gp = Gr + d$

$p = \frac{Gr}{1 + G} + \frac{d}{1 + G}$

Letting  $G$  go to infinity,

$p \sim r$

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