



HEELS & SOULS NEWS

PUBLISHED NOW AND THEN
IN THE BEST INTERESTS OF SQUARE DANCING

October
2018

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Calendar

10/3	Wednesday	New Dancer Class	Bill Gipson	
10/5	Friday	Football Favorites	Arlen Miller	Judy Keller Smith
10/10	Wednesday	New Dancer Class	Bill Gipson	
10/11	Thursday	Board Meeting – 7:00		
10/13	Saturday	RR Sports Night	Michael Kellogg	Joe Scarlatella
10/17	Wednesday	New Dancer Class	Bill Gipson	
10/19	Friday	Jack O' Lantern Magic	Phil Farmer	David Moorhouse
		Mainstream Dance		
10/20	Saturday	Deadline for the November issue		
10/24	Wednesday	New Dancer Class	Bill Gipson	
10/31	Wednesday	New Dancer Class	Bill Gipson	
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11/2	Friday	H & S 59th Anniversary	Mike Sikorsky	Zena Beaulieu
11/7	Wednesday	New Dancer Class	Bill Gipson	
11/10	Saturday	RR dark		
11/14	Wednesday	New Dancer Class	Bill Gipson	
11/16	Friday	Thankful Hearts	Paul Waters	Jim Spence
		Mainstream Dance		
11/21	Saturday	Deadline for the December Issue		
11/21	Wednesday	New Dancer Class	Bill Gipson	
11/27	Tuesday	R & S General Mtg 7:30 Potluck 6:30		
11/28	Wednesday	New Dancer Class	Bill Gipson	



October Visitation

Sunday, October 21st

Presidential Ball and 70th Anniversary Dance

Plus Level and A1 Tip

Prerounds 1:30-2:00, Squares with Rounds 2-4:30

Mike Haworth & Hunter Keller and Bev Oren Cuer

Hawthorne Memorial Center, 3901 W El Segundo Blvd, Hawthorne

PRESIDENT'S MESSAGE



How thrilling to come together for our new classes. Congratulations to everyone for a successful first merged event. We have had two classes with 34 wonderful angels from RR and H&S total attending one of both classes. We would love to see everyone come and dance from both clubs, since, thankfully, we have a lot of new students. If you are a strong dancer come, if you feel you could benefit from brushing up on your own dancing come, if you like to square dance, come. In others words just come to the class, we need you.

Shan, with help from Emmett, Fredi, Jerry, and myself, may be asking each of you, at different times to change places with someone so that we can better balance the squares. If you are asked to move, or possibly to sit out for a tip, please do so graciously. If you do notice that someone is sitting out more than once, please do offer them your spot. If you have been dancing for years, but are no longer a strong dancer, it would be helpful to the success of the class, if you would pair up with another club member who is not dancing with a student, instead of being an angel to a newbie.

It is amazing that we will need 7-10 people, beginning in January, to do the class coordinator's job that Jerry and Nancy have done so remarkably for over 15 years. We, as a club, owe so much of our success to them.

We have many firsts coming up in the next four months. Our first Ribbons and Souls General Meeting will be on Tuesday, November 27th in Room 2 at Felicia Mahood. There will be a pot luck at 6:30 followed by the General Meeting at 7:30 p.m. We will be looking at club fabrics and

choosing one that night. Judy and Shan will be putting together by-laws based on feed-back from both clubs and new club badges will be presented.

Officially we will become Ribbons & Souls on Sunday, January 13, 2019. Our first merged dance will be a mainstream dance on January 26th, the 4th Saturday. February 9th, will be our first Plus dance. Both clubs choose to have the dances at Felicia Mahood because of location, air conditioning and the separate refreshment room. And we all prefer Saturday nights, because the traffic is less than Fridays, and thus we feel we will attract more visitors from other clubs. Another advantage is that Guys and Dolls are able to come to all our dances. Our choice of the 2nd and 4th Saturdays of the month is so we would not conflict with either Boots & Bows or Honeycombers. The 5th Saturday we compete with no one. Your merger committee has been working their best to think through all of our choices and reach the ones that are in the best interest of the whole. We do understand that some people will not be happy with all of the selections, however please know that we are truly working for the highest good for the Ribbons & Souls.

On November 2nd we will have our very last anniversary dance as H&S: *The Best is Yet to Come*. Mike Sikorsky is an extraordinary caller, as those who went to the last Valley Trailers dance can attest to.

Our beloved Julie passed away the morning of September 15th after a valiant fight against ovarian cancer. We will be honoring her at our Ken Bower dance on December 7th, which appropriately is called *Remembrance Day*. Her dear friend, Christine Roper will be present to collect the toys for Julie's beloved Orthopaedic Institute for Children. I'm sure there have been and will be many more tears shed when we attend her funeral on September 29th.

On a more joyful note, I would like to share with you how absolutely thrilled I am that my son, Drew, has moved back to Los Angeles from Seattle. Within 2 days of moving home, he started a new, exciting job in Long Beach. Drew is temporarily living with me, which brings me incredible joy. And he in turn takes great pleasure in how very much I love to square dance.

Ruth Fisher H&S President

CLASS



Our new class (by the second session) consists of thirteen people, eight women and five men. Six found us on the internet and five were referrals from club or class members.

Let's welcome them warmly and be as helpful as we can, living up to our reputation as The Friendly Club. Remember: we don't make mistakes in class – we have happy accidents. It's how we learn!

We are beginning a new Advanced class on Monday, October 1 and 8 at our usual location. It repeats every Monday, 7:00 – 9:00. Those who attend will see lots of the same folks there. Our teacher, Arlen Miller, introduces new calls slowly. Come on Monday and try it out. Add to your dancing skills!

New A1 Class

**Begins Monday, October 1
And October 8, 2018
7-9:00 pm**

Arlen Miller, Instructor

Information: 818-705-8350

Felicia Mahood Hall
11338 Santa Monica Blvd 90025
Corner Corinth & Santa Monica Blvd.
3 blks W of 405 Frwy
Free Parking after 5 pm NW corner Corinth & Iowa



www.meetup.com/Square-Dance-in-West-LA

Jerry & Nancy Class Coordinators

Happy Birthday!!



Birthdays

10/3 Mike Koh
 10/19 Jan Bartholomew
 10/24 Michaelyn Duboff
 10/26 Amelia Kacena
 10/27 Claire Tucker
 10/30 Evelyn Maggiore

Happy Anniversary!!



October Anniversaries

10/7 Marlene and Dana Patchick

There are no anniversaries in November



KITCHEN REPORT

We had *sooo* many choices of refreshments from Michaelyn and Pat Neal served at our Patriots' Day dance on September 7. There was Blueberry Creme Cake, assorted cookies and chocolate candy to satisfy our sweet tooth; there was fresh fruits galore--mango, strawberries and a bowl of mixed fruit. And for those who prefer savory snacks there was cheese and crackers, chips and salsa, veggies and hummus dip. Somethin' for everyone.

THANK YOU, MICHAELYN!
 THANK YOU, PAT NEAL!

The September 21 dance theme was Apple Time, a celebration of the apple harvest. Hosting in the kitchen were Amelia and Phyllis. The home-baked apple Bundt cake from Amelia brought us back to the table for seconds. For the chocoholics there were brownies and chocolate candies. Red and green grapes, cheese and crackers and a pretzel/nuts/gold fish munchies snack was enjoyed by all.

THANK YOU, AMELIA (AND RON)!
 THANK YOU, PHYLLIS!

Evelyn Maggiore

ASD ASSOCIATED SQUARE DANCERS
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Come celebrate Ruth Fisher, our club president, at an A Square D dance. On Sunday, October 21, A Square D will put on the Presidential Ball and 70th Anniversary Dance. This dance is to honor club presidents and the A Square D president, and to celebrate the 70th anniversary of A Square D. Ribbons are on sale.

You have heard all the details of this dance before. But read them again if you like. Calls will be on the Plus Level, with an A-1 tip. Round dancing will be at 1:30-2:00 pm, and squares with rounds will be at 2:00 pm to 4:30pm. Mike Haworth and Hunter Keller will be calling, and Bev Oren will be cuing. Ribbons to get into the dance are being sold at \$8 pre-sale and \$10 at the door. Fredi and I are selling the ribbons. Club presidents and their escorts will get in free. The dance will be held at the Hawthorne Memorial Center, 3901 W. El Segundo Blvd., Hawthorne, CA. Take the 405 to the El Segundo Blvd. exit, make two left turns to head east on El Segundo, turn left at Prairie Blvd., and make an immediate right turn into the first driveway. Park in the back-parking lot, and enter the center by the back door.

See you at the Presidential Ball and 70th Anniversary Dance!

Jan Bartholomew, A Square D Delegate

\$ \$

DUES ARE DUE

It is hard to believe that it is that time of year again, but your annual dues are due in October. Since the dues for Ribbons & Souls will be due in this summer, Heels & Soul's final dues will be \$12.50 You can pay at any class or dance or you can mail them to me. My address is Judy Fisher - 1920 Pandora Ave. #6 - Los Angeles, CA 90025

If you are paying at a class or dance, please verify your membership information on the list next to where you pay and also your emergency contact information in the red book.

Thank you all - looking forward to seeing you at a class and/or dance

Judy Fisher, Treasurer

\$ \$

RIBBONS & SOULS ELECTED POSITIONS

PRESIDENT	RUTH FISHER EMMETT KEELER
VICE PRESIDENT -	LINDA HARRIS
SECRETARY	KAT' FERSON JIM GILBRETH
TREASURER	SHAN CRETIN JUDITH FISHER
ASQD DELEGATE	JAN BARTHOLOMEW
CALLERS AND CUERS	PAMELA BAILIS FREDI LEVITT
NEWSLETTER EDITOR/REPORTER	DIANE ISAACS

RIBBONS & SOULS APPOINTED POSITIONS

ADVERTISING/PUBLICITY	RUTH MICHAELSON DIANE ISAACS
CLASS REFRESHMENTS	JAN BARTHOLOMEW
CLUB COMMUNICATIONS DIRECTOR	MADELINE SPRINTS
DANCES KITCHEN /SCHEDULING	EVELYN MAGGIORE
MEMBERSHIP	FREDI LEVITT, RUTH FISHER EMMETT KEELER
CLASS COORDINATOR	
PARLIAMENTARIAN	JUDITH FISHER
PROOF-READER	ALAN LUBBERTS
SUNSHINE	ILENE MARTIN
SUPPLIES	JAN BARTHOLOMEW
VISITATIONS	LINDA HARRIS
WEB MASTER	DIANE ISAACS RICK MARKEN

(Many previous positions will be continued but are not listed above.)

SQUARE DANCE ETIQUETTE

Never leave a square early. Your ability, or that of your fellow dancers, is no excuse. We all start at the same level and the only way to get better is to dance. If you become ill or an emergency arises advise the other members of the square and if possible, try to find a replacement.

Don't dance over your own level of dance, unless invited. If you attempt to dance over your head without being invited you will only embarrass yourself and may upset the remainder of the square. If you haven't completed mainstream lessons don't expect to dance with those who have unless you are explicitly invited. If you are a mainstream dancer and a plus level tip is announced, sit out.

Personal cleanliness is important in square and round dancing. If possible always shower or bathe. Use your deodorant, cologne or perfume (but, not too much) and, don't forget to use something to sweeten your breath (mouth wash, chewing gum, etc.) Avoid eating garlic or other offenders before attending a dance.

In addition to applauding the caller and thanking your fellow dancers at the end of each tip you should personally speak to and thank the caller and or cuer before leaving the dance. If you are a visitor you should also make a point of speaking with a club officer.

Once a tip is underway, refrain from talking. It is frequently difficult to hear and your talking may very well prevent someone else from hearing a call. It is also extremely rude to talk while announcements are being made. Try to quiet anyone speaking to you. Give the speaker the same consideration you would want if you were speaking.

When the music starts, get on the floor. Don't make other dancers wait or the caller "beg" you to fill the square. Join the square nearest to you that needs a couple. It is considered "bad manners" to pass a square needing dancers in order to fill another. If you are looking for a square, raise your hand as you move across the floor. If your square is not full, raise your hand with as many fingers extended, as couples are needed. If two or three couples are squared up and do not have a hand up, it indicates that they are waiting for someone who has promised to dance with them. Do not try to square up with them without asking. Do not arrange squares more than once in an evening. It is best not arrange a square at all. Do not get on the floor and expect the caller to find you a partner.

Be on time and don't leave early. In square dancing, one late couple or person may mean that three other couples or seven people must sit out. By leaving early, you are telling the other dancers and caller that you did not have a good time at the dance. The "wind-down" tip is just as important as the first or middle tips. Plan to spend the complete evening when you come.

Always introduce yourself and your partner to others in the square if you don't know them. Thank them for dancing with you after the tip.

For some, square dancing can be a strenuous exercise. If you feel you are unable to dance, sit out. It is usually best to remove yourself from the dance area and return after the tip has started. Sometimes you can learn a great deal just by watching and listening. Be considerate. If another dancer is watching and listening, don't insist upon talking. Square dancing is a social event but not a place to socialize during tips or rounds even if you are not dancing.

Football Favorites

Friday October 5
Arlen Miller

Calling Squares 7:30 - 9:45 pm

Plus Level - A1 Tip

Judy Keller-Smith

Cueing Rounds 7:00 pm - 7:30 pm
and between Tips

Donation \$8

Heels & Souls



Felicia Mahood Hall
11338 Santa Monica Blvd, Los Angeles CA 90025
3 blocks west of 405 Freeway
Free Parking after 5 pm, NW corner Corinth & Iowa

www.meetup.com/Square-Dance-in-West-LA
www.heelsandsouls.org

Ruth Fisher, President 310-470-1090

Phil Farmer
Jack O'Lantern Magic

David Moorhouse

Friday, October 19

Rounds 7:00-7:30 pm and between Tips
Squares 7:30 - 9:45 pm - MAINSTREAM

Heels & Souls

Felicia Mahood Hall
11338 Santa Monica Blvd 90025
2 blks West of 405 Freeway
Free Parking NW Corner
Corinth & Iowa
After 4 pm



Ruth Fisher, President
310-470-1090

www.heelsandsouls.org

www.meetup.com/Square-Dance-in-West-LA

Associated Square Dancers

PRESIDENTIAL BALL AND
70TH ANNIVERSARY DANCE
Sunday, October 21, 2018

1:30 PM - 4:30 PM

PLUS LEVEL DANCE ■ A-1 TIP

PRE-ROUNDS 1:30-2:00 SQUARES WITH ROUNDS 2:00-4:30

Mike Haworth & Hunter Keller



Bev Oren

RIBBONS: \$8 PRE-SALE ■ \$10 AT THE DOOR

SPECIAL RIBBONS FOR CLUB PRESIDENTS:

THEY DANCE FOR FREE!

Hawthorne Memorial Center

3901 W. El Segundo Blvd., Hawthorne, CA

Information: Fredi Levitt 310-287-1434 or Diane Isaacs 323-939-1478

Mike Sikorsky
and

Zena Beaulieu

59th Anniversary Dance

November 2nd

Buffet: \$12.00

Rounds 7-7:30 pm
and between Tips
Squares
7:30-10:00 pm
PLUS + A1 Tip
Ruth Fisher
President
310-470-1090

Heels & Souls
Felicia Mahood Hall
11338 Santa Monica
Blvd LA 90025
3 blks W of 405 Frwy
Free Parking after 5pm
NW corner Corinth &
Iowa

The Best is Yet to Come